

Study Tour (Bharat Darshan) of FTP for ASO(DR) of 2023 Batch (28.04.2024 to 04.05.2024) for Assistant Section Officer of CSS

Report on Study Tour Karnataka (Group-2)

HRD Institute of Telangana

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MINISTRY OF HOUSING & URBAN AFFAIRS

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Acknowledgement:

With heartfelt appreciation, I extend our sincerest thanks to the Department of Personnel and Training for affording us the invaluable opportunity to partake in the enriching training program at the MCRHRD Institute of Telangana. My heartfelt appreciation extends to Smt. Usha Rani, Course Director at MCRHRD, whose unwavering support has been an invaluable asset throughout our journey.

I owe a significant debt of gratitude to Mr. Vinod Goud, a luminary as both Senior Faculty and Bharat Darshan Coordinator. His astute guidance and perpetual oversight, coupled with the dissemination of vital project information, were instrumental in the completion of my endeavors.

Our collaborative endeavor during the expedition across Karnataka, Tamin Nadu, and Kerala presented a singular experience. The study tour was not merely educational but transformative, with highlights including the enlightening NGO attachment and the captivating Teacum-Chocolate Factory Visit, from which abundant knowledge was gleaned.

Furthermore, I wish to convey my deepest appreciation to the Director General of MCRHRD, whose steadfast support was pivotal in ensuring the seamless conclusion of our study tour.

Gratitude resonates deeply as I extend my heartfelt thanks to the Institute of Secretariat Training and Management (ISTM) for their unwavering support and facilitation of the enlightening Bharat Darshan journey. Your dedication to fostering experiential learning and broadening our horizons is truly commendable. I am profoundly grateful for the opportunity to partake in this transformative experience, which has enriched my understanding of our nation's diverse landscape and cultural tapestry. Thank you, ISTM, for illuminating my path on this memorable expedition."

Objective of the Tour

As part of the mandatory ISTM Phase-1 Foundation Training Programme for Assistant Section Officers (ASOs) DR of 2023 Batch, One-week Bharat Darshan programme was organized from 28.04.2024 to 04.05.2024 at Karnataka-Tamilnadu-Kerala under the guidance of Dr. Vinod Goud, Senior Faculty (FTP).

There were 61 participants from different Ministries participated in this Training Programme. This study tour was part of the Training Programme and has following objectives: -

The objective of the Bharat Darshan tour is multifaceted, aiming to achieve several key goals:

- ➤ Cultural Exposure: To provide participants with an immersive experience of India's rich and diverse cultural heritage by visiting various historical sites, monuments, and regions representing different cultural traditions.
- ➢ Geographical Awareness: To enhance participants' understanding of India's geographical diversity, including its landscapes, climates, and natural resources, by exploring different regions across the country.
- ➤ Social Insight: To foster a deeper understanding of India's social fabric, including its traditions, customs, languages, and societal norms, through interactions with local communities and cultural immersion activities.
- ➤ **Historical Appreciation**: To enable participants to appreciate India's historical significance and evolution by visiting important historical landmarks, heritage sites, and museums.
- ➤ Educational Enrichment: To provide participants with valuable educational experiences outside the classroom, offering insights into various aspects of Indian history, culture, geography, and society through experiential learning.

- ➤ **Promotion of National Integration**: To promote unity in diversity and strengthen the bonds of national integration by facilitating interactions among participants from different states, regions, and cultural backgrounds.
- ▶ Personal Growth: To facilitate personal growth and development by exposing participants to new experiences, perspectives, and challenges, thereby fostering independence, resilience, and adaptability.

Overall, the objective of the Bharat Darshan tour is to offer participants a comprehensive and holistic understanding of India's multifaceted identity while promoting cultural exchange, educational enrichment, and personal growth.

Bharat Darshan Group-2 (Hyderabad-Bengaluru-Ooty-Waynad-Coorg-Mysore-BengaluruHyderabad)

Day 0 (28th April, 2024)

- Reached Bengaluru Airport at 10:30 AM
- Leave for Ooty from Bengaluru Airport at around 11:00 AM
- Had Lunch at The President, Mysore around 3:00 PM
- Visited Bandipur Tiger Reseve from 4:00 PM to 6:00 PM
- Madumalai Elephant Reserve from 6:00 PM to 7:00 PM
- Reached Ooty via Gudulur at around 11:00 PM

Day 1 (29th April, 2024)

- Visited Doddabeta Peak at around 9:30 AM
- Visited Tea Factory and Chocolate Factory at around 1:00 PM
- Lunch in Ooty
- Leave for Boat House to have boating at around 5 PM

Day 2(30th April, 2024)

- Visited Botanical Garden at 9:30 AM to 12:30 PM
- Visited The Nilgiris District Co. Operative Employees Co. Operative Thrift and Credit Society Ltd.

- Visited Paykara Waterfalls at around 2:00 PM
- Leave for Waynad
- Reached Waynad at around 8 PM

Day 3 (01st May, 2024)

• Visited Edakkal Caves at around 9 AM

• Went to Kappad Beach in Kerala where first Portugese Travel Vasco Da Gama landed, at around 4:30 PM to 6:30 PM.

• Came back to Waynad

Day 4 (02nd May,2024)

• Check out from the hotel in Waynad and our entourage proceeded to Coorg

• Visited Abbi/Abbey Waterfalls at around 3:00 PM

• Night Stay in camps

Day 5 (03nd May,2024)

• Leave for Mysore from Coorg

• Visited Namdroling Monestry in Piriyapatna at around 11:30 to 01:30 PM

• Visited St. Philomena's Cathedral Church in Mysore

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• Visited Organisation for Development of People, ODP (an NGO in Mysore at 10AM)

• Visited St. Prirangapatna Temple (Lord Shri Ranganathaswami Temple (Pancharanga Kshetra) at 4:30PM)

• Reached at Benguluru Airport at 9:00 PM

• Arrived at Dr. MCR HRD IT at around 2:00AM.

1.Bandipur National Park

As I stepped into the heart of Bandipur National Park, a sense of anticipation mixed with reverence washed over me. The lush greenery enveloped the surroundings, teeming with life and mystery. Each rustle of leaves carried the promise of encountering the majestic creatures that call this reserve home.

Guided by the seasoned expertise of our park ranger, every step felt like a deliberate journey into the wild. The sunlight filtered through the dense canopy, casting dappled shadows on the forest floor as we ventured deeper into the wilderness.

Suddenly, a hush fell over our group as we caught sight of a magnificent tiger prowling through the undergrowth. Its sleek coat rippled with power and grace, a living embodiment of strength and beauty. Mesmerized by the raw elegance of this apex predator, I stood in awe of nature's unyielding majesty.

Yet, the tiger was but one thread in the rich tapestry of life that thrives within Bandipur. As we continued our exploration, we encountered a vibrant array of flora and fauna, each playing their part in the delicate balance of this ecosystem. From the playful antics of langurs to the melodious trill of exotic birds, every sighting was a testament to the resilience and diversity of life in the wild.

As the day drew to a close and we reluctantly made our way back to civilization, I couldn't help but reflect on the profound connection forged during our time in Bandipur. In this sanctuary of serenity and wonder, I found not only a deeper appreciation for the natural world but also a renewed sense of humility in the face of its untamed beauty, its natural habitat makes it truly special.





2.Mudumalai Tiger Reserve

Stepping into Mudumalai Tiger Reserve felt like crossing the threshold into a realm of untamed beauty and raw wilderness. The air was thick with anticipation as I embarked on this exhilarating journey, eager to immerse myself in the heart of one of India's most renowned tiger habitats.

As our safari jeep rumbled to life, I couldn't help but marvel at the majestic landscape unfolding before me. Towering trees draped in emerald foliage framed the winding paths, while the distant calls of exotic birds added a symphony of sounds to the ambiance.

Our guide, a seasoned expert in the ways of the jungle, led our expedition with a quiet confidence, his keen eyes scanning the dense undergrowth for any signs of movement. With each passing moment, the anticipation grew, heightening my senses to the slightest rustle or whisper of the wind.

Suddenly, a hush fell over our group as our guide motioned for us to be silent. In the distance, a magnificent creature emerged from the shadows – a Bengal tiger, its golden coat shimmering in the dappled sunlight. Time seemed to stand still as we watched in awe, captivated by the sheer power and grace of this apex predator.

As we continued our exploration, the forest revealed its secrets in subtle whispers and fleeting glimpses. Herds of spotted deer grazed peacefully in the meadows, while langurs swung gracefully through the canopy overhead. Each sighting was a testament to the rich biodiversity of Mudumalai, a sanctuary teeming with life at every turn.

But it wasn't just the wildlife that left an impression on me. The tranquil beauty of the landscape, with its rolling hills and meandering streams, offered a sense of serenity that was both humbling and awe-inspiring. In the embrace of nature's embrace, I felt a profound connection to something greater than myself – a reminder of the delicate balance that sustains all life on Earth.

As the sun began to dip below the horizon, casting a golden glow over the treetops, I knew that my time in Mudumalai Tiger Reserve had left an indelible mark on my soul. In its untamed beauty and boundless wonder, I had found a sanctuary for the spirit, a place where the wild heart of nature beats eternal.

3.Dodabetta Peak (Western Ghats)

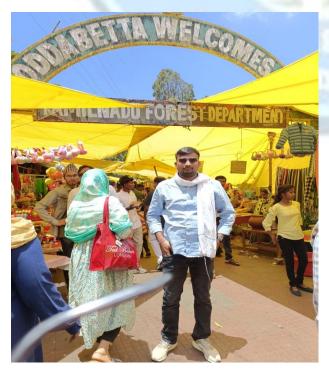
Doddabetta Peak, located in the Nilgiri Hills of Tamil Nadu, is the highest peak in the Nilgiri mountain range. Geographically, it sits at an elevation of 2,637 meters (8,650 feet) above sea level, offering stunning vistas of the surrounding landscape. The peak is characterized by its rolling hills, dense forests, and tea plantations, creating a picturesque backdrop for visitors. Its location near Ooty makes it a popular destination for tourists seeking to experience the natural beauty of the region. Doddabetta's geography also plays a significant role in its climate, with cool temperatures and misty conditions common throughout the year, adding to its allure as a scenic destination.

Ascending the winding roads that led to the summit of Doddabetta Peak, I felt a sense of exhilaration mingled with anticipation. Located in the heart of the Nilgiri Hills, this majestic peak stood as the highest point in the region, promising breathtaking views and unforgettable experiences.

To the west, the setting sun transformed the landscape into a canvas of fiery oranges and deep purples, illuminating the rolling hills in a warm, golden light. And all around me, the gentle rustle of leaves and the distant calls of birds added to the sense of tranquility and serenity that pervaded the air.

As I stood there, surrounded by the majestic beauty of nature, I couldn't help but feel a profound sense of gratitude and wonder. In the embrace of Doddabetta Peak, I had found a sanctuary for the soul - a place where time seemed to stand still and the worries of the world faded away.

As the sun dipped below the horizon and the stars began to twinkle in the night sky, I knew that my experience at Doddabetta Peak would stay with me forever. In its quiet grandeur and timeless beauty, I had discovered a glimpse of heaven on earth - a place where the spirit could soar and dreams could take flight.





A. Tea Factory at Ooty

As Ooty is renowned for producing high-quality tea, particularly Nilgiri tea, which is appreciated for its brisk and bright flavour profile.

Guilded Tours: There we get an guided tour that provide us with insights into the tea-making process, from plucking the tea leaves to withering, rolling, fermenting, drying and packaging. We witnessed each stage of tea production firsthand and learn about the nuances of tea cultivation and processing.

Tasting Sessions:- Every visitors to the tea factories can indulge in tasting sessions where they can sample a variety of teas produced on-site. This allows them to experience the distinct flavors and aromas of different types of tea and select their favorites to purchase and take to home.

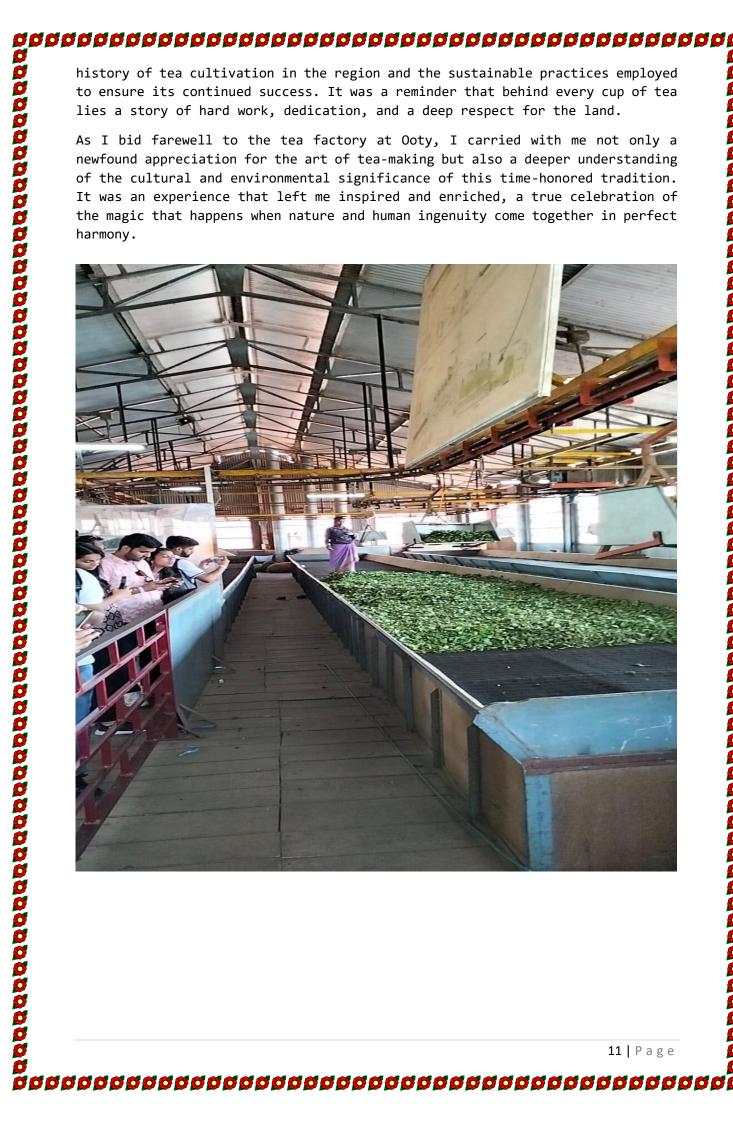
Tea sales:- The tea factory have onsite shops or outlets where visitors can purchase freshly processed tea products, including loose-leaf tea, packaged tea blends. These teas make for popular souvenirs or gifts for families and friends.

Scenic Surroundings:- Many tea factories in Ooty nestled amidst picturesque tea estates, offering visitors the opportunity to enjoy scenic views of lush green tea gardens against the backforp of the Nilgiri Hills. The serene ambiance adds to the overall tea-tasting experience.

Visiting the tea factory at Ooty was a sensory journey unlike any other. From the moment I stepped through the doors, the air was infused with the rich aroma of freshly brewed tea, tantalizing my senses and inviting me to explore the inner workings of this time-honored craft.

The tour began with an introduction to the tea-making process, where knowledgealle guides walked us through each stage, from the plucking of tender tea leaves, to the final packaging of the finished product. As we wandered through the factory floor, I marveled at the intricate machinery and delicate hands that transformed humble leaves into the world-renowned beverage enjoyed by millions.

One of the highlights of the tour was witnessing the withering process, where freshly plucked te



5.Chocolate Factory

Handcrafted chocolates: - Ooty's chocolate factories are known for their artisanal approach of chocolate-making. They often produce handcrafted methods, ensuring high-quality and distinct flavours.

Interactive Tours: - Chocolate factories provide guided tours that offer insights into the chocolate-making process. We witness the various stages of chocolate production, from roasting and grinding cocoa beans to tempering and moulding chocolate into delectable treats.

Chocolate Tasting: - Many Chocolate factories offer tasting sessions where visitors can sample a selection of chocolates to experience the rich flavours and textures first-hand. These tasting sessions allow chocolate enthusiasts to explore different varieties and discover their favourites.

As I wandered through the factory, I was fascinated by the intricate machinery and bustling activity that surrounded me. From the grinding of cocoa beans to the moulding of chocolate bars, every step of the chocolate-making process was a mesmerizing display of craftsmanship and precision.

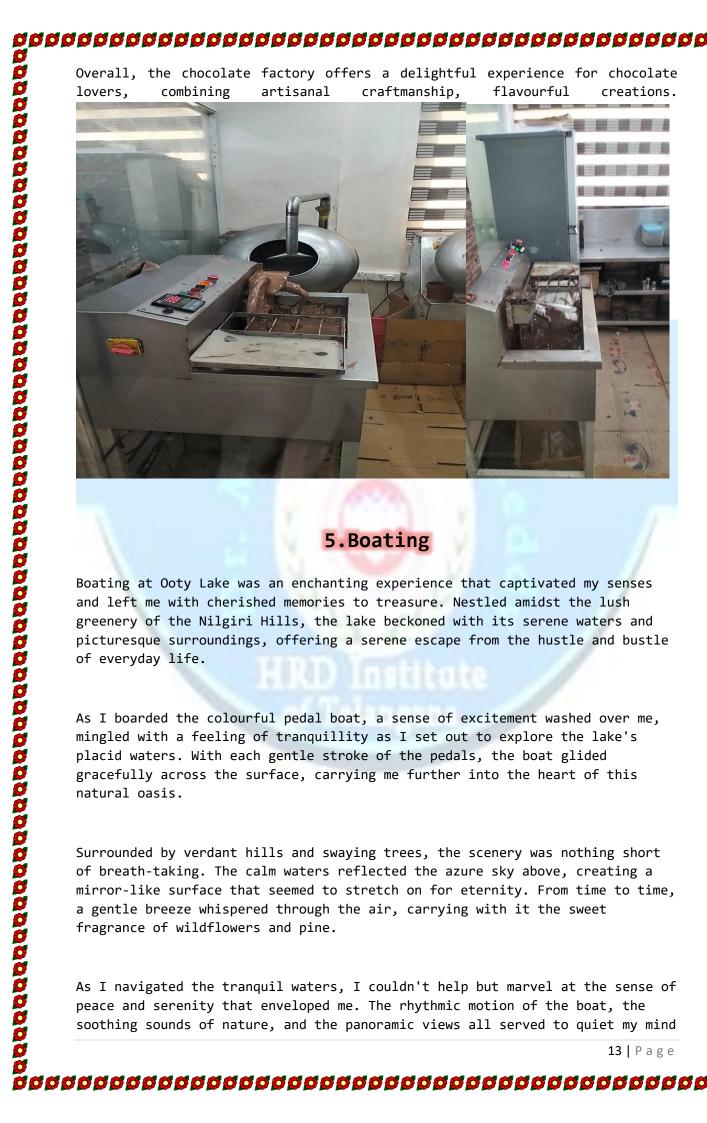
One of the highlights of the tour was witnessing the cinching process, where the raw cocoa mass was blended with sugar and other ingredients to create a smooth and velvety texture. Watching as the mixture churned and swirled in giant vats, I couldn't help but marvel at the transformation taking place before my eyes.

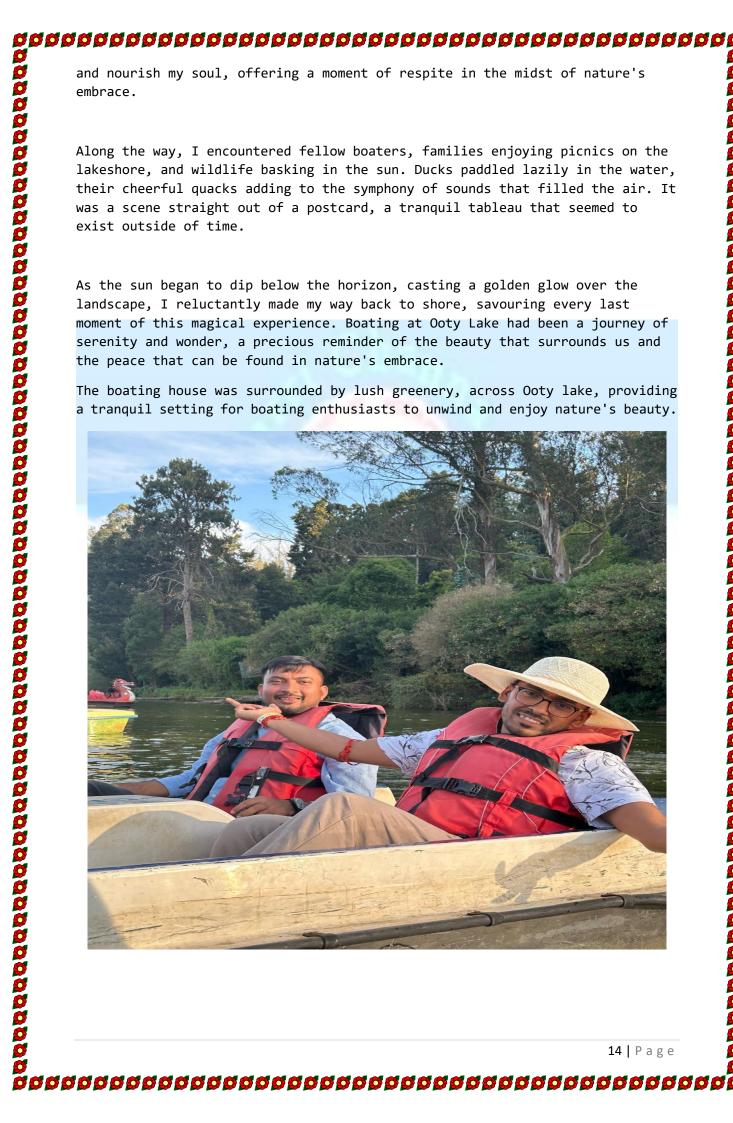
As we continued our journey through the factory, we were treated to a behindthe-scenes look at the art of chocolate-making, with skilled artisans demonstrating their craft and sharing their secrets. From hand-piped truffles to intricately decorated bonbons, each creation was a work of art, meticulously crafted with care and attention to detail.

Of course, no visit to the chocolate factory would be complete without a tasting session, and I was delighted to sample an array of delectable treats freshly made on-site. From silky smooth milk chocolates to rich and decadent dark varieties, each bite was a symphony of flavour, a true indulgence for the senses.

But perhaps the most memorable part of the experience was learning about the sustainable practices employed by the factory, from sourcing ethically grown cocoa beans to minimizing waste and supporting local communities. It was a reminder that behind every delicious chocolate treat lies a commitment to quality, integrity, and social responsibility.

As I left the chocolate factory, my heart was full and my taste buds tingling with delight. It was an experience that left me inspired and eager to explore the world of chocolate even further, a sweet memory that I will cherish for years to come.

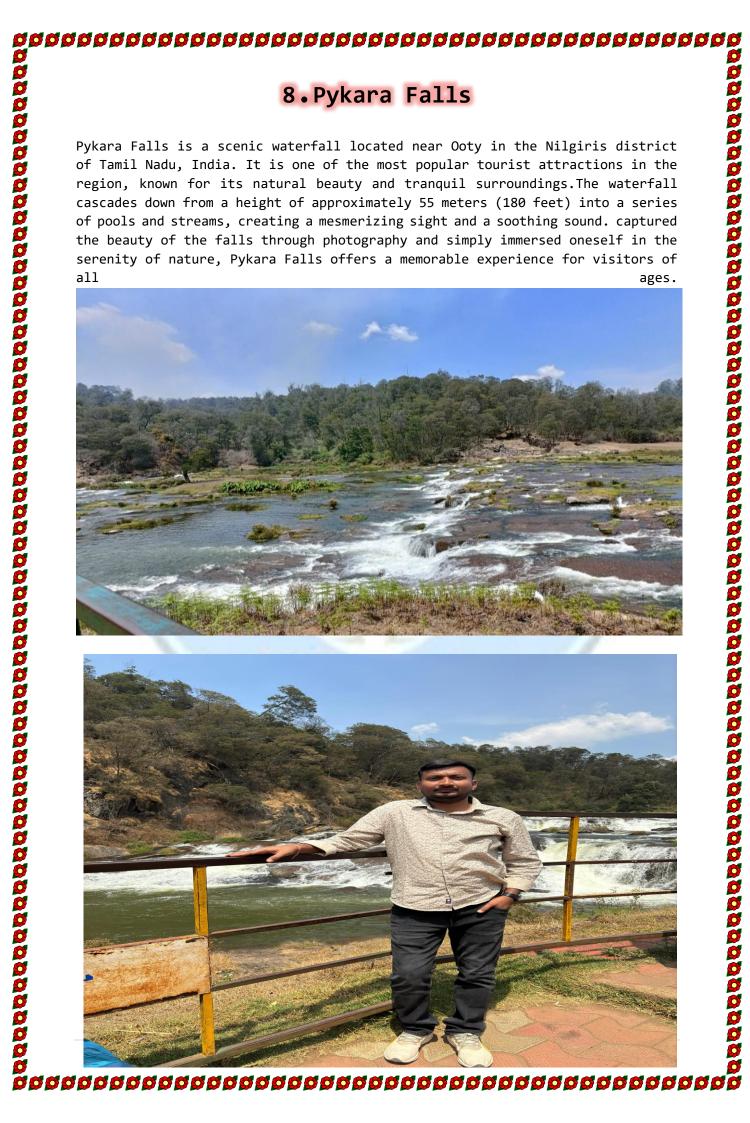












8. Edakkal Cave

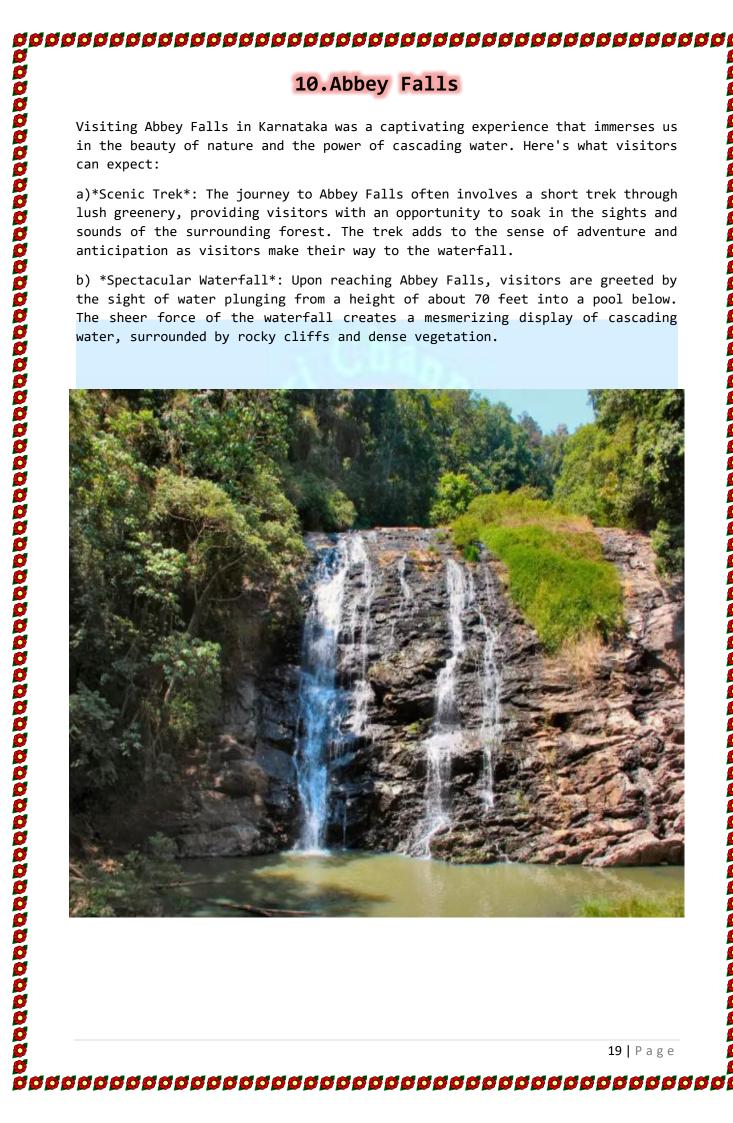
Visiting the Edakkal Caves in Kerala was a fascinating experience that took us on a journey through ancient history and natural wonder. Here's what visitors can expect:

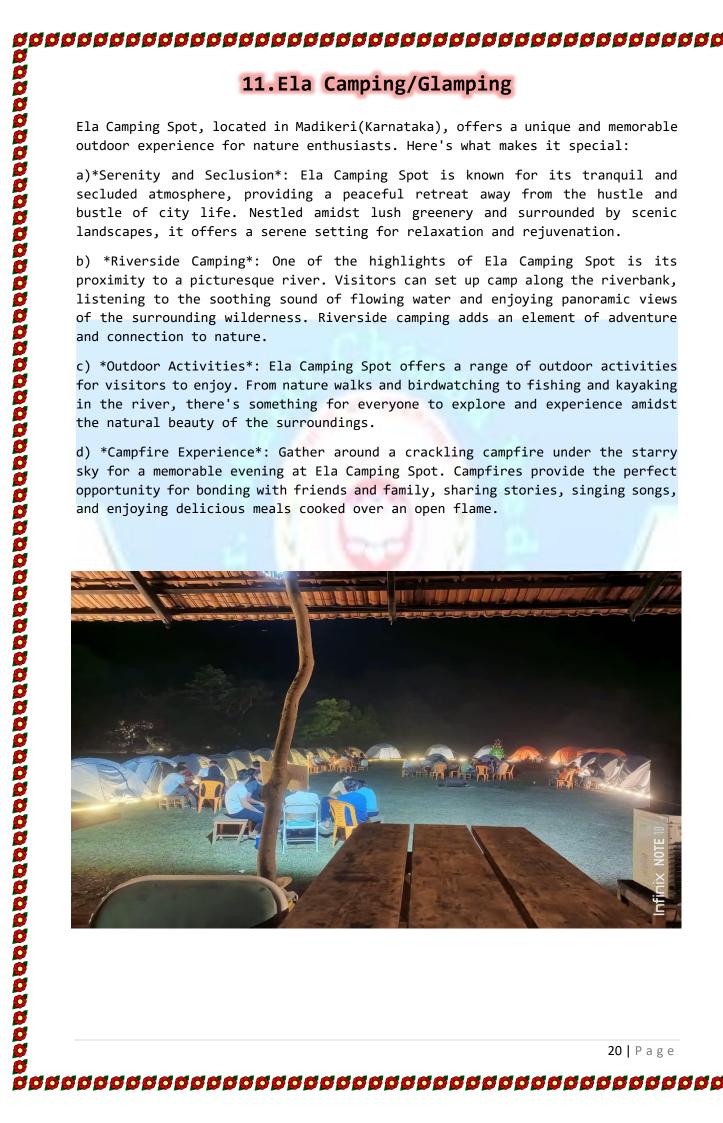
- Historical a). Exploration: The caves are renowned for their ancient petroglyphs, which are prehistoric rock carvings dating back thousands of years. Visitors can marvel at these intricate carvings, which depict symbols, animals, and human figures, offering a glimpse into the lives of early inhabitants of the region.
- b) Scenic Hike: Getting to the caves involves a scenic hike through lush green forests and rocky terrain. The journey itself is an adventure, with breathtaking views of the surrounding landscape and glimpses of local flora and fauna along the way.
- c). Cave Exploration*: Upon reaching the caves, visitors can explore the cavernous chambers and narrow passages, which are formed by massive boulders resting atop one another. The unique geological formation of the caves adds to their allure, creating a sense of mystery and intrigue.
- d). Cultural Insight: The Edakkal Caves hold cultural significance for the local indigenous tribes, who believe that the caves are linked to ancient myths and legends. Visitors can learn about the folklore and traditions associated with the caves, gaining insight into the rich cultural heritage of the region.











12. Namdrolling Monastery

The Namdroling Monastery, also known as the Golden Temple, is a significant Tibetan Buddhist monastery located in Bylakuppe near Kushalnagar in the district of Kodagu (Coorg), Karnataka, India. Here's a glimpse into its history and visiting experience:

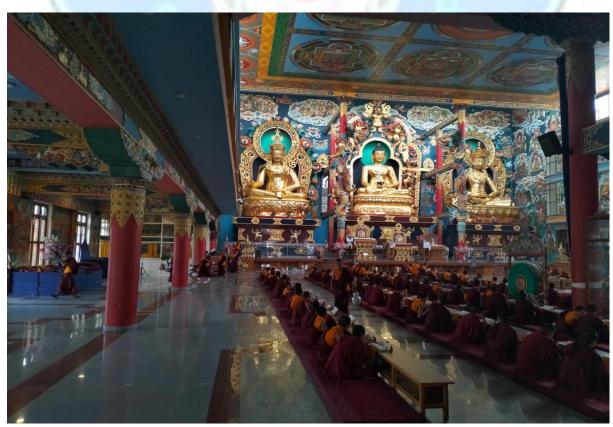
History: The Namdroling Monastery was established in 1963 by His Holiness Pema Norbu Rinpoche, also known as Penor Rinpoche, the 11th throne holder of the Palyul lineage of the Nyingma tradition of Tibetan Buddhism.

The monastery was founded as a centre for the study and practice of Tibetan Buddhism and to preserve the teachings of the Nyingma tradition.

Over the years, the monastery has grown in size and significance, becoming one of the largest Tibetan Buddhist centres outside of Tibet.

Visiting Experience:

- a). *Architecture*: The Namdroling Monastery is renowned for its stunning architecture, with intricate designs, vibrant colours, and traditional Tibetan motifs adorning the temple buildings. The main attraction is the Golden Temple, which features three towering golden statues of Guru Padmasambhava (also known as Guru Rinpoche), Buddha Shakyamuni, and Amitayus.
- b) *Cultural Insight*: The monastery offers visitors a glimpse into Tibetan Buddhist culture and traditions. Visitors can observe monks performing religious rituals, participate in prayer sessions, and learn about the significance of Tibetan Buddhist symbols and practices.





14. Organisation for the Development of People, NGO

The Organization for Development of People (ODP) is a non-governmental organization (NGO) based in India, dedicated to uplifting marginalized communities and promoting sustainable development. Here's an overview of ODP:

- a)*Mission and Vision*: ODP's mission is to empower disadvantaged communities, especially women, children, and marginalized groups, to improve their quality of life and achieve socio-economic development.
- b)*Areas of Focus*: ODP works across various sectors to address the multifaceted needs of communities. Their programs typically focus on areas such as education, livelihood development, women's empowerment, environmental conservation, and disaster response
- c)*Advocacy and Awareness*: In addition to direct service delivery, ODP engages in advocacy and awareness-raising efforts to address systemic issues affecting marginalized communities. They advocate for policy changes, social justice, and human rights, while also raising awareness about key issues such as gender equality, environmental conservation, and healthcare access.

Overall, the Organization for Development of People (ODP) plays a vital role in promoting sustainable development, empowering communities, positive social change in India. Through their holistic approach and commitment to grassroots participation, ODP continues to make a significant difference in the lives of those they serve.



15. Mysore Palace

Visiting the Mysore Palace was a captivating experience that immerses visitors in the rich history, culture, and architectural grandeur of Karnataka, India. Here's what visitors can expect:

- a) *Architectural Marvel*: The Mysore Palace, also known as the Amba Vilas Palace, is renowned for its stunning Indo-Saracenic architectural style. The palace boasts intricate carvings, vibrant paintwork, and domes adorned with intricate designs, showcasing a blend of Hindu, Islamic, Rajput, and Gothic influences.
- b)*Historical Significance*: Visitors can explore the opulent halls, royal chambers, and private quarters, learning about the palace's storied past and the royal family's legacy through guided tours and informative exhibits.
- c) Royal lifestyle*: Visitors can learn about court etiquette, royal ceremonies, and the daily lives of the royal family through displays of artifacts, furniture, and personal belongings.

Overall, a visit to the Mysore Palace offers a multi-faceted learning experience, encompassing history, architecture, culture.



